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A FINNISH ESCAPE

Escape for a week from your day to day life to discover Finland's wilderness by snowshoeing, skiing, snowmobiling or dog sledding. A full week of activity for discover the new Hossa National Park in the north-east of Finland, in one of the wildest regions of Europe. With two nights in trappers huts in the National Park, we will be able to immerse ourselves totally in this white immensity. We will join this huts during snowshoe and dog sled raids.

A complete program, rich in adventure, which will enable to discover the Finnish Wild East.

 Region	Hossa
 Activity	Dog sledding Skiing Winter Winter Multi-activities
 Duration	8 days
 Group	1 to 10 people
 Code	A7
 Price	From €2,240
 Level	3/5
 Comfort	4/5
 Language(s)	French / English

ITINERARY

Day 1 Welcome to Finland



Transfer by bus or car to Hossa (about 1 hour) and time to get settled in your log cottage or hotel room. Tonight, our guides will meet you at the restaurant for a welcoming dinner and briefing to confirm the order of the activities for the week.

Accommodation: Hotel

Day 2 Skiing day



After a short initiation with your guide, we are going to discover the national Park by skiing. This discreet mode of movement, is the best way to enjoy the quiet and wild nature. After few kilometers, we will stop for a invigorating meal next to a fire place. In the late of the afternoon, we will return at the hostel to relax in the sauna.

Accommodation: Hotel

Activities: 4 to 5 hours of skiing

Day 3 Snowshoe Trek



Time to strap on our snowshoes and head into the park for a two day hiking adventure. Walk over the frozen lakes, explore the boreal forest and discover deep untouched snow. Snowshoeing is one of the best ways to immerse yourself in this beautiful, silent wilderness. Tonight we sleep in a trappers hut and share a traditional style meal prepared and cooked together over a wood fire.

Activities: 4 to 5 hours of snowshoeing

Accommodation: Trapper cabin

Day 4 Snowshoe Trek



Another day exploring the taïga - today we head back to basecamp via the crests trail which has stunning views of Hossa's boreal forest. Perhaps we will spot moose or a bear or a wolf! We will share lunch over a lovely open fire place and arrive back in the late afternoon in time for a well deserved sauna session. Dinner tonight is a traditional Lappish meal: Kärstus, or reindeer stew with cranberries.

Activities: 4 to 5 hours of snowshoeing

Accommodation: Hotel or Cottage

📍 Day 5 **Snowmobile safari**



Two people per snowmobile, we head away from civilization into the heart of the National Park on a thrilling safari adventure. A lunch in middle of the the Taïga forest, an exciting day flying through beautiful Finnish scenery awaits us.

Activities: 4 to 5 hours of snowmobiling

Accommodation: Cottage or lodge

📍 Day 6 **Dog sledding safari**

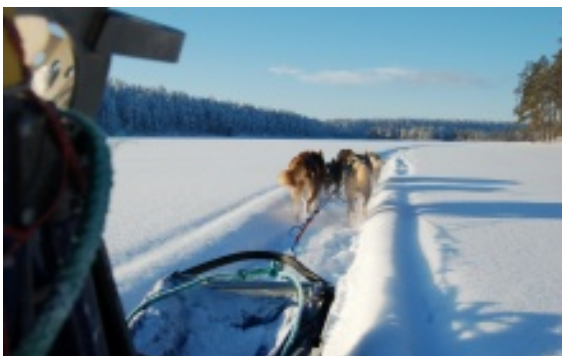


Today we head into the forest on dog-sleds! In the morning we will meet the dogs, each sled is lead by a team of 4 to 5 dogs (2 to 3 dogs for children). We will journey through the stunning forest scenery in style to Peurapirtti (about 6 miles/10km). Here we find a hidden trappers cabin - our accommodation for the night - the wood stove crackles as the camp settles and our dogs finally doze off...

Activities: 4 to 5 hours of dog-sledding (1 person per sled)

Accommodation: Trapper cabin

📍 Day 7 **Dog sledding safari**



Today's track takes us Northwards to Lakkujärvi, an area where it is usual to see herds of reindeer. We will ride over forest lakes of many different shapes which give way to hidden woodland paths. The wide track sometimes narrows and our dog teams sneak into the heart of Hossa's wild taiga. This afternoon, we arrive back at our basecamp where we will look after our loyal dogs and equipment.

Activities: 4 to 5 hours of dog-sledding (1 person per sled)

Accommodation: Hotel or Cottage

📍 **Day 8 Transfer**



Breakfast and transfer to Kuusamo airport.

Please note that this itinerary, including walking distances and times, is indicative. Our guides aim to provide the adventure that is best suited to the weather, your interests and the demands of the group. Please be aware that in order to achieve this, changes to the programme may be made.

DATES & PRICES

Departures for French-speaking groups:

From	To	Price per person	Guaranteed	Booking
16/03/2024	23/03/2024	€2,530	Yes	
23/03/2024	30/03/2024	€2,530	Yes	
30/03/2024	06/04/2024	€2,340	Yes	
06/04/2024	13/04/2024	€2,340	No	
13/04/2024	20/04/2024	€2,340	No	
08/12/2024	15/12/2024	€2,290	No	
15/12/2024	22/12/2024	€2,290	No	
22/12/2024	29/12/2024	€2,890	No	
29/12/2024	05/01/2025	€2,890	No	
05/01/2025	12/01/2025	€2,390	No	
12/01/2025	19/01/2025	€2,390	No	
19/01/2025	26/01/2025	€2,390	No	
26/01/2025	02/02/2025	€2,490	No	
02/02/2025	09/02/2025	€2,490	No	
09/02/2025	16/02/2025	€2,890	No	
16/02/2025	23/02/2025	€2,890	No	
23/02/2025	02/03/2025	€2,890	No	
02/03/2025	09/03/2025	€2,890	No	

International departures:

No departure for now

Trip code: A7

Included

- Airport transfers to/from Kuusamo airport
- 5 nights in hotel/cottage accommodation
- 2 nights in trapper hut accommodation
- Full board from day 1 dinner to brunch day 8
- Luggage transport
- Activities supervised by professional guides
- Activities supervised by professional guides as written on the itinerary (A two day dog-sledding safari adventure, A two day snowshoeing safari adventure, one day snowmobiling and an Inuit winter walking day with dogs)
- All technical equipment needed and cold weather clothing (see 'practical info' / 'equipment' for details)

Not included

- Flights
- Insurance deposit for the snowmobile : 2000 euros/ snowmobile/ person (deposit through a print of your credit card)

Additional Options

Please let us know if you would like to reserve any of the following optional activities/supplements (depending on availabilities):

- Single room at the hotel: 300€ pp.
- Reindeer farm visit: 10€

Notes

Comfort: 4/5 Comfortable

Well-equipped accommodation options like basic hotels or charming guesthouses are rated 4/5 for comfort. Please note that depending on the destination this does not necessarily guarantee private bathroom and kitchen facilities - this trip includes hotel or cottage accommodation and two nights in trappers cabins.

Level: 2/5 Moderate

In general no previous experience in the specific activity is required but you should be in good physical shape and prepared to participate in 4-6 hours of activity per day. You should have a sense of adventure and a positive attitude. Please note that our difficulty ratings may vary depending on the weather.

Minimum age: 14 (please [contact us](#) for more information)

International flights

Flights are not included but this trip includes airport transfers to/from Kuusamo airport - please [contact us](#) if you require transfers to/from somewhere different.

Terms and conditions

Inscription

Booking a trip with Norwide implies acceptance of the terms and conditions of sale. Each customer is required to complete a registration form and, subject to availability at the time of registration, travellers are expected to pay a deposit of 30% of the total price to complete their booking. Payments can be made online or by bank transfer. You will receive an e-mail with your booking confirmation.

Facturation

Once your booking is confirmed you will receive an invoice by e-mail. The full balance of the trip must be received at least 30 days before your departure date. Norwide reserve the right to cancel your booking, free of charge, if this deadline is not respected.

Annulation

If for any reason you have to cancel your trip, Norwide require written confirmation of your decision. The money you have paid will then be refunded according to the following deductions:

- Cancellation received more than 30 days prior to the departure date: a sum of €50 per person will be retained
- Cancellation received 30 to 21 days before the departure date: your deposit, 30% of the total trip price will be retained
- Cancellation received 20 to 14 days before the departure date: 50% of the total trip price will be retained
- Cancellation received 13 to 7 days before the departure date: 75% of the total trip price will be retained
- Cancellation received less than 7 days before the departure date: 100% of the total trip price will be retained

Special cases:

Please note that, regardless of the date of cancellation or modification if you have agreed to pay for services such as hotel reservations, flights or additional activities, these services are usually non-refundable so additional fees may apply.

- Fixed airfares: if your airline ticket was issued in advance, often done to avoid significant surcharges, you will be charged 100% of any non-refundable fees if you wish to change or cancel your flight plan.
- Fixed in-country costs: early charges for firm bookings will be charged if you cancel or modify your trip.
- Insurance costs: if you have taken out comprehensive or cancellation insurance, the cost of insurance is due and cannot be refunded.

Please note that fees apply according to the date we receive your cancellation or modification request in writing.

If we have to cancel a departure due to an insufficient number of participants, you will be informed no later than 21 days before departure and a full refund will be issued, you will not be entitled to further compensation. We reserve the rights to cancel departures due to exceptional circumstances which may impact the safety of participants. Such circumstances include those amounting to 'force majeure' in which case participants will receive a full refund but they will not be entitled to any compensation.

Modification du contrat

If you wish to make a change to your booking please contact us in writing; you will be expected to pay any fee which might arise from this change. In the event of unforeseen external events, Norwide may change some aspects of the travel contract. If any changes are necessary you will be informed as quickly as possible.

Prix et révision des prix

The prices on our website are updated regularly and all of the prices we advertise are accurate when published. We reserve the rights to make changes to any of these prices. Before you make a booking we will give you the up-to-date price of your chosen holiday including any supplements, upgrades or additional activities you may have requested. If the number of travellers is fewer than the indicated number of participants on the website, a small group surcharge may be applied. For all of our trips we include details of services, prices and what is/is not included but please be aware that changes to the prices may be necessary in accordance with exchange rates or price changes of various components of the journey.

Cession du contrat

If you are unable to travel for any reason, you can transfer your booking to another person in which case our modification conditions apply. Both the transferor and transferee will be jointly and severally liable for payment of the total holiday price and other associated expenses. Some airline carriers treat name changes as cancellations and you may be required to pay for the cost of a new ticket.

Insurance

Not included

PRACTICAL INFO

Staff

You will be welcomed at the airport by a representative from our friendly team and accompanied for the duration of your holiday. Armed with an abundance of experience and a wealth of knowledge our professional Finland team know the country inside out. All activities are lead by our qualified guides who are English speaking outdoor practitioners with a passion for everything Finnish.

It is possible that your group could be international, therefore several languages might be spoken by your guide.

Food

This trip includes full board from dinner on day 1 to breakfast on day 8. You will have the chance to try some traditional Finnish meals like smoked fish, salmon soup, reindeer stew and traditional cakes - please be aware that fresh fruit and vegetables are rare in our isolated northern location.

- At the Hotel: A generous buffet breakfast is served at the hotel restaurant each morning and three course dinners are provided in the evenings.
- Lunches: Picnic lunches are provided on our activity days including hot food cooked on wood fires
- In the trappers cabins: We like when the whole group work as a team to cook a traditional style dinner with their guide during our nights in the cabins - it creates a pleasant atmosphere as we reflect on the days adventures together.

Please let us know about any dietary requirements when you book the trip and we will work with you to cater for your needs.

Accommodation

Our basecamp is located in the heart of Hossa National Park, more than 60 miles (+100kms) away from a village or shop - no mass tourism hubs or Santa Claus Village here with us! There are 23 inhabitants in and around Hossa, most of them are reindeer farmers and yes, there are more bears here than people! We live here peacefully and we work closely with authorities to protect and preserve this stunning National Park. During your stay, you will not have many opportunities to meet local people since there are very few of them but you may cross paths with ice fishers or Nordic skiers and visit local reindeer farms.

This trip includes 5 nights in our hotel or cottage accommodation options and for 2 nights in trapper cabin accommodation. Bed linens and towels are provided by Norwide.

Our hotel: found beside a beautiful lake and our hotel has 25 rooms (single, double and triple). All rooms are equipped with a private bathroom, shower, practical storage units, and a T.V with international channels. You will also have free access to our sauna, after a full day of activities it is the perfect place to unwind and reflect...

Our cottages:

- The Classic Cottage option has a living room/kitchen area with twin or bunk beds plus a private bathroom and sauna

Trapper cabins: We love our back to basics no frills accommodation options which enable us to get close to nature - these traditional log cabins are just like mountain refuges, they are all equipped with Finnish saunas and are full of charm! The cabins normally have a single dormitory for 4 to 6 people with one main living room. There is no running water or electricity, dry toilets are found outside. Wood-stove heating warms the cabin quickly and efficiently even when it is cold outside.

Budget & exchange

The currency in Finland is the euro. Please budget for the following:

- Personal expenses and drinks
- Any additional activities/supplements
- Deposit for snowmobile: 2000€ / snowmobile / person (credit card)
- Deposit for material and provided equipment: 50€ for the boots, 50€ for the over suit and 50€ for the sleeping bag

Supplied equipment

We will provide you with the following equipment for the duration of your trip:

- Warm snow boots (Sorel) Please let us know if your shoe size is under 34 or above 50, thank you.
- Bedding - linen for hotel/cottage accommodation and warm sleeping bags for the trappers cabins
- A warm jacket for the cold
- A warm protective oversuit
- Waterproof over mittens
- A balaclava A durable waterproof bag

Please be aware that upon booking you will be asked your size, height and weight in order to reserve the appropriate equipment in advance.

Vital equipment

You must bring with you:

- A sleeping bag liner
- Sunglasses (minimum UV 400)
- A ski mask
- Any personal medication
- Good thermals - top & long johns
- Sun-cream (not water based)
- A head torch and spare batteries
- A thermos flask
- Driver's license for snowmobile
- Credit card for equipment deposit

Material

We prefer that you do not wear any cotton clothing, including underwear, when participating in activities. When cotton gets wet from water or sweat it ceases to insulate and it does not dry fast. The best materials for outdoor activities are fast drying materials like polyester or materials which are warm when wet like wool. The most powerful materials against the wind and rain are 'breathable' materials like Gore-Tex or Nikwax.

Our advice for keeping warm

Winter in Finland can be very cold, please think carefully about what clothes you bring, although we will provide warm outer layers, the layers you wear next to your skin make the biggest difference. We recommend:

- No cotton
- Bring dry spares of everything, including underwear and gloves
- Wear multiple layers including :
 1. A warm breathable base layer
 2. A second thermal layer
 3. Wind and waterproof protective out layer (we provide a quality jacket and over trousers for activities)

Helpful equipment

We recommend packing:

- Waterproof shoes, winter hiking shoes, sports shoes or snow boots (for evening wear)
- Warm (wool) socks
- A warm wind and waterproof jacket
- Suitable warm trousers - windproof ski style, soft shell or fleece lined mountaineering trousers are ideal
- Warm jumper(s) and jacket(s)
- Warm baselayer thermals - very important! (Thin technical fibers as Carline or Polartec are extremely efficient)
- Gloves - multiple pairs for under and over A warm hat
- Appropriate neck wear like a warm buff Swim suit (sauna)
- Travel towel (sauna)

You may also consider packing:

- Wetwipes/Blister plasters
- A camera (and suitable protective case)
- Plastic bags for wet/dirty clothing

Luggage

You may bring a hold bag (up to 20kg) as well as a cabin bag.

For your hold luggage please bring a soft bag like a rucksack rather than a hard cased suitcase because it is more practical. We also recommend that you pack your clothes in plastic bags inside your rucksack so that they stay dry in the event of bad weather.

Do not forget to bring a small rucksack to use as a day bag (25/30L). You can bring this as hand luggage on the plane. You will carry your lunch, water, spare layers and any personal medication with you each day in this bag.

Medicine

Your guide is trained first aider and will carry a full appropriate first aid kit. We recommend that you bring with you a small first aid kit as well as any medication you may need with you such as inhalers, plasters and painkillers.

A valid European Health Insurance Card (EHIC) will insure that you can access state-provided healthcare for free or at a reduced cost.

Passport

You will need a passport that is valid for at least three months after your return date.

Visa

UK passport holders do not require a VISA to visit Finland which part of the Schengen cooperation.

The Ministry for Foreign Affairs of Finland lists the accepted travel documents and visa requirements for every country.

Mandatory vaccines

There are no specific health risks

Weather

Winter in Finland is cold and dry, **temperatures** in Hossa can drop as low as -25°C (-13°F) but warm clothing, good food and an active lifestyle will keep you warm.

A thick layer of **snow** covers Finland from December, when it settles, to the end of April, when it melts. The dry cold preserves the snow and makes temperatures feel warmer than you might imagine.

During the winter months daytime is relatively short in Finland but thanks to the snow and the occasional displays of the dancing Northern Lights it is never completely black even in the regions where the sun does not rise at all - winter brings a beautiful blue **light** with a feeling of permanent dusk. In mid-April, the sun stays above the horizon for 14-16 hours so during March and April you can enjoy long glorious days of winter sports under a bright sun. Other winter days include 4 to 5 hours of a light called gray light, usually 10am to 2pm, with local variations.

The Northern Lights

The beautiful dancing lights are most likely to appear on black nights in February-March and September-October in the North of Finland. Statistics show that most are observed in Lapland, in the region of Kilpisjärvi. When the night skies are clear, the Northern Lights can be observed three nights out of four in Kilpisjärvi, every other night in the Sodankylä region and one out of four nights near Oulu-Kuusamo.

Electricity

Finland uses the standard Europlug socket with two round prongs (50Hz/230 volts)

Local time

Finland uses Greenwich Mean Time (GMT)+2 and observes Daylight Saving Time making it GMT+3 during the summer months

Topography

Area: +130502 square miles (+338,000 km²) which consists of around 10% water, 69% forest and only 8% cultivated land

Size: It is the seventh largest country in Europe, +720 miles (1160km) North to South and +335 miles (540km) East to West

Borders: Sweden, Norway, Russia and the coast

There are said to be 187888 lakes here in Finland and 179584 islands including a concentration of islands off the South West coast which forms the largest archipelago in Europe.

Sustainable tourism

As adventure and wilderness travel experts who run trips to some of the most remote parts of the world, we take responsible tourism very seriously.

Here in Finland we work in partnership with Metsähallitus to protect Finnish waters and forests - an exclusive agreement which enables us to use the roads of Hossa National Park. Our kennel is cleaned daily and subject to regular veterinary and we work with MyClimate to offset all carbon emissions produced by snowmobiling activities and transfers.

We respect the 'Leave No Trace' outdoor ethical code and try to explore this beautiful location whilst causing minimal environmental damage.

The Leave No Trace policy can be summarized in 7 simple steps which we hope you will follow during our trip...

1. Be prepared
2. Stick to trails and camp overnight right
3. Stash your trash and pick up waste
4. Leave it as you find it
5. Be careful with fire
6. Respect wildlife
7. Be considerate of other visitors

Over the years we have built up good relations with our local suppliers and we are keen to support local businesses as much as possible. We are a small company and we pay our local partners and suppliers directly insuring fair rates. Our small group sizes not only provide a more intimate adventure but also cause less impact on the environment and local communities.

We expect all who travel with us to support and uphold our Sustainable Tourism philosophies.

Moreover, Norwide has decided to compensate its CO₂ emissions made by the use of our vehicles and our heating necessities.

This is why we have implemented the use of geothermal activities in our new rooms in order to limit our impact on the environment. Since September, 2018 we are now under the label "MyClimate".

For more information do not hesitate to contact us directly !

