

+33 4 95 06 12 77

MULTI-ACTIVITIES IN HOSSA

ITINERARY

Day 1 Welcome to Finland



Transfer by bus or car to Hossa (about 1 hour) and time to get settled in your cottage or lodge. Tonight, the staff will meet you at the restaurant for a welcoming dinner and briefing.

Accommodation: Cottage or lodge

Day 2 Dogsledding safari



Today we head into the wild taiga on dog-sleds! In the morning we will meet our musher guides and dogs, each sled is lead by a team of 4 to 6 dogs. After a quick introduction to basic mushing techniques we will set off, two per sled, across beautiful white lakes and into the forest.

Activities: 4 to 5 hours of dog-sledding Accommodation: Cottage or lodge

♥ Day 3 Snowmobile safari



Activities: 4 to 5 hours of snowmobiling Accommodation: Cottage or lodge

Two people per snowmobile, we head away from civilization into the heart of the National Park on a thrilling safari adventure. A lunch in the middle of the taiga forest, an exciting day flying through beautiful Finnish scenery awaits us

Day 4 **Inuit winter walking**



Today, we experience a new kind of hiking, winter walking the Inuit way. Harnessed to a friendly husky and with a pair of snowshoes strapped to our feet, we head into Hossa National Park. With one dog per 2 travellers, we can alternate between energetic and relaxing moments and fully explore this beautiful area. The endless energy of our dogs helps us venture deep into the wild and snowy boreal forest and our relaxing solo moments allow us to take time

to soak in our surroundings as we explore the wild forest, frozen lakes and ridges.

Activities: 4 to 5 hours of winter walking Accommodation: Cottage or lodge

Day 5 Trappers day



the kennels.

Activities: 5 hours
Accommodation: Cottage or lodge

Discover the art of the trapper lifestyle and ancient survival techniques essential for polar exploration. Learn how to follow tracks and try your hand at ice fishing - drill your own hole in the ice, arm yourself with patience and get ready to catch one of the many perch that swim in the waters here! Discover how to smoke your fish plus how to build igloos and shelters. Today we will also get the chance to visit a local reindeer farm and our faithful companions at



Activities: 4 to 5 hours of snowshoeing Accommodation: Cottage or lodge

Your guide, a specialist of the Arctic area, will help you fully discover the mysteries of this wild region. From April, there is an opportunity to observe many animals typical of the Far North like moose or a bears.

During this trip you will have the occasion to lead the group with your map and your compass in order to get deeper into the wild taiga forest.

Day 7 Free day – Optional activities



Activities: Various optional activities Accommodation: Cottage or lodge Today is a day to relax, a day to enjoy the saunas and to have snowballs fights! Perhaps you would like to repeat one of the activities you loved during the week or perhaps you would like to try Nordic skiing... There are lots of possibilities for your last day here. For dinner we can enjoy a traditional Lappish meal all together: Käristys, or reindeer stew with cranberries.

Day 8 Transfer



Breakfast and transfer to Kuusamo airport.

Please note that this itinerary, including walking distances and times, is indicative. Our guides aim to provide the adventure that is best suited to the weather, your interests and the demands of the group. Please be aware that in order to achieve this, changes to the programme may be made.

Other trips you may like



overnight snowshoeing expedition, our carefully designed itinerary is ideal for those who want to discover the highlights of an Arctic winter in Svalbard...



<u>Finnish Dogsledding Adventure:</u> An unforgettable 8 day dogsledding adventure in the heart of Hossa National Park. Stay in traditional huts and shelters during 3 unforgettable dog-sledding and snowshoeing safaris - a truly enchanting programme...

DATES & PRICES

Departures for French-speaking groups:

| From | То | Price per person | Guaranteed | Booking |
|------------|------------|------------------|------------|---------|
| 06/03/2021 | 13/03/2021 | €1,610 | Yes | |
| 13/03/2021 | 20/03/2021 | €1,610 | Yes | |
| 20/03/2021 | 27/03/2021 | €1,610 | Yes | |
| 27/03/2021 | 03/04/2021 | €1,490 | Yes | |
| 03/04/2021 | 10/04/2021 | €1,490 | Yes | |
| 10/04/2021 | 17/04/2021 | €1,490 | Yes | |
| 05/12/2021 | 12/12/2021 | €1,490 | Yes | |
| 12/12/2021 | 19/12/2021 | €1,490 | Yes | |
| 19/12/2021 | 26/12/2021 | €1,970 | Yes | |
| 26/12/2021 | 02/01/2022 | €1,970 | Yes | |
| 02/01/2022 | 09/01/2022 | €1,490 | Yes | |

| 09/01/2022 | 16/01/2022 | Price per person €1,490 | Guaranteed | Booking |
|------------|------------|----------------------------|------------|---------|
| 16/01/2022 | 23/01/2022 | €1,490 | Yes | |
| 23/01/2022 | 30/01/2022 | €1,490 | Yes | |
| 30/01/2022 | 06/02/2022 | €1,610 | Yes | |
| 06/02/2022 | 13/02/2022 | €1,830 | Yes | |
| 13/02/2022 | 20/02/2022 | €1,830 | Yes | |
| 20/02/2022 | 27/02/2022 | €1,830 | Yes | |
| 27/02/2022 | 06/03/2022 | €1,830 | Yes | |
| 06/03/2022 | 13/03/2022 | €1,610 | Yes | |
| 13/03/2022 | 20/03/2022 | €1,610 | Yes | |
| 20/03/2022 | 27/03/2022 | €1,610 | Yes | |
| 27/03/2022 | 03/04/2022 | €1,490 | Yes | |
| 03/04/2022 | 10/04/2022 | €1,490 | Yes | |
| 10/04/2022 | 17/04/2022 | €1,490 | Yes | |

International departures:

| From | То | Price per person | Guaranteed | Booking |
|------------|------------|------------------|------------|---------|
| 06/03/2021 | 13/03/2021 | €1,610 | Yes | |
| 13/03/2021 | 20/03/2021 | €1,610 | Yes | |
| 20/03/2021 | 27/03/2021 | €1,610 | Yes | |
| 27/03/2021 | 03/04/2021 | €1,490 | Yes | |
| 03/04/2021 | 10/04/2021 | €1,490 | Yes | |
| 10/04/2021 | 17/04/2021 | €1,490 | Yes | |
| 05/12/2021 | 12/12/2021 | €1,490 | Yes | |
| 12/12/2021 | 19/12/2021 | €1,490 | Yes | |

| 19/12/2021 | 26/12/2021 | Price per person €1,970 | Guaranteed | Booking |
|------------|------------|-------------------------|------------|---------|
| 26/12/2021 | 02/01/2022 | €1,970 | Yes | |
| 02/01/2022 | 09/01/2022 | €1,490 | Yes | |
| 09/01/2022 | 16/01/2022 | €1,490 | Yes | |
| 16/01/2022 | 23/01/2022 | €1,490 | Yes | |
| 23/01/2022 | 30/01/2022 | €1,490 | Yes | |
| 30/01/2022 | 06/02/2022 | €1,610 | Yes | |
| 06/02/2022 | 13/02/2022 | €1,830 | Yes | |
| 13/02/2022 | 20/02/2022 | €1,830 | Yes | |
| 20/02/2022 | 27/02/2022 | €1,830 | Yes | |
| 27/02/2022 | 06/03/2022 | €1,830 | Yes | |
| 06/03/2022 | 13/03/2022 | €1,610 | Yes | |
| 13/03/2022 | 20/03/2022 | €1,610 | Yes | |
| 20/03/2022 | 27/03/2022 | €1,610 | Yes | |
| 27/03/2022 | 03/04/2022 | €1,490 | Yes | |
| 03/04/2022 | 10/04/2022 | €1,490 | Yes | |
| 10/04/2022 | 17/04/2022 | €1,490 | Yes | |

Trip code: A2

Included

- Airport transfers to/from Kuusamo airport
- 7 nights lodge or cottage accommodation
- Full board from day 1 dinner to breakfast day 8
- Luggage transport
- Full supervision by our experienced professional guides
- Dog-sledding
- Snowshoeing
- Winter walking

- A snowmobile adventure
- An Inuit bushcraft skills day
- All technical equipment including quality cold weather clothing

Not included

- Flights
- Insurance deposit for the snowmobile: 2000 euros/snowmobile/person (deposit through a print of your credit card)

Additional Options

Please let us know if you would like to reserve any of the following optional activities/supplements:

- Reindeer farm visit: 10€
- Nordic skiing excursion: prices vary

Notes

Comfort: 5/5 Luxury

Our luxury trips include hotel accommodation with private rooms and en-suite options. This trip uses lodge/cottage accommotaion in the heart of Hossa National Park with sauna access.

Level: 2/5 Moderate

In general no previous experience in the specific activity is required but you should be in good physical shape and prepared to participate in 4-6 hours of activity per day. You should have a sense of adventure and a positive attitude. Please note that our difficulty ratings may vary depending on the weather.

Minimum age: 8 (please contact us for more information)

Snowmobiles: you must be over 18 and hold a vaild drivers lisence to drive a snowmobile

International flights

Flights are not included but this trip includes airport transfers to/from Kuusamo airport - please <u>contact us</u> if you require transfers to/from somewhere different.

Insurance

Not included

PRACTICAL INFO

Staff

You will be welcomed at the airport by a representative from our friendly team and accompanied for the duration of your holiday. Armed with an abundance of experience and a wealth of knowledge our professional Finland team know the country inside out. All activities are lead by our qualified

guides who are English speaking outdoor practitioners with a passion for everything Finnish. It is possible that your group could be international, therefore several languages might be spoken by your guide.

Food

This trip includes full board from dinner on day 1 to breakfast on day 8. You will have the chance to try some traditional Finnish meals like smoked fish, salmon soup, reindeer stew and traditional cakes - please be aware that fresh fruit and vegetables are rare in our isolated northern location.

- Generous buffet style breakfasts and dinners are provided at your accommodation
- Lunches: Picnic lunches are provided on our activity days including hot food cooked on wood fires Please let us know about any dietary requirements when you book the trip and we will work with you to cater for your needs.

Accommodation

Our basecamp is located in the heart of Hossa National Park, more than 60 miles (+100kms) away from a village or shop - no mass tourism hubs or Santa Claus Village here with us! There are 23 inhabitants in and around Hossa, most of them are reindeer farmers and yes, there are more bears here than people! We live here peacefully and we work closely with authorities to protect and preserve this stunning National Park. During your stay, you will not have many opportunities to meet local people since there are very few of them but you may cross paths with ice fishers or Nordic skiers and visit local reindeer farms.

This trip includes 7 nights in lodge or cottage accommodation in the heart of Hossa National Park.

The apartments: shared double or triple rooms with lake views, private bathrooms and sauna access. Sheets, blankets and bath towels are provided - we recommend that you to bring a second towel for use in the sauna

Budget & exchange

The currency in Finland is the euro. Please budget for the following:

- Personal expenses and drinks
- Any additional activities/supplements
- Deposit for snowmobile: 2000€ / snowmobile / person (credit card)
- Deposit for other supplied equipment: 50€ for the boots, 50€ for the over suit

Supplied equipment

We will provide you with the following equipment for the duration of your trip:

- Warm snow boots (Sorel) Please let us know if your shoe size is under 34 or above 50
- Bedding and towels (we recommend bringing an extra towel for the sauna)
- A warm jacket for the cold
- A warm protective oversuit

- Waterproof over mittens
- A balaclava

For snowmobiling:

A helmet

Please be aware that upon booking you will be asked your size, height and weight in order to reserve the appropriate equipment in advance.

Vital equipment

You must bring with you:

- Sunglasses (minimum UV 400)
- A ski mask
- Any personal medication
- Good thermals top & long johns
- Sun-cream (not water based)
- A head torch and spare batteries
- A thermos flask
- Driver's license for snowmobile
- Credit card for equipment diposit.

Material

We prefer that you do not wear any cotton clothing, including underwear, when participating in activities. When cotton gets wet from water or sweat it ceases to insulate and it does not dry fast. The best materials for outdoor activities are fast drying materials like polyester or materials which are warm when wet like wool. The most powerful materials against the wind and rain are 'breathable' materials like Gore-Tex or Nikwax.

Our advice for keeping warm

Winter in Finland can be very cold, please think carefully about what clothes you bring, although we will provide warm outer layers, the layers you wear next to your skin make the biggest difference. We recommend:

- No cotton
- Bring dry spares of everything, including underwear and gloves
- Wear multiple layers including:
 - 1. A warm breathable base layer
 - 2. A second thermal layer
 - 3. Wind and waterproof protective out layer (we provide a quality jacket and over trousers for activities)

Helpful equipment

We recommend packing:

Waterproof shoes, winter hiking shoes, sports shoes or snow boots (for evening wear)

- Warm (wool) socks
- A warm wind and waterproof jacket
- Suitable warm trousers windproof ski style, soft shell or fleece lined mountaineering trousers are ideal
- Warm jumper(s) and jacket(s)
- Warm baselayer thermals very important! (Thin technical fibers as Carline or Polartec are extremely efficient)
- Gloves multiple pairs for under and over
- A warm hat
- Appropriate neck wear like a warm buff
- Swim suit (sauna)
- Travel towel (sauna)

You may also consider packing:

- Wetwipes
- Blister plasters
- A camera (and suitable protective case)
- Plastic bags for wet/dirty clothing

Luggage

You may bring a hold bag (up to 20kg) as well as a cabin bag.

For you hold luggage please bring a soft bag like a ruckack rather than a hard cased suitcase because it is more practical. We also recommend that you pack your clothes in plastic bags inside your rucksack so that they stay dry in the event of bad weather.

Do not forget to bring a small rucksack to use as a day bag (25/30L). You can bring this as hand luggage on the plane. You will carry your lunch, water, spare layers and any personal medication with you each day in this bag.

Medicine

Your guide is trained first aider and will carry a full appropriate first aid kit. We recommend that you bring with you a small first aid kit as well as any medication you may need with you such as inhalers, plasters and painkillers.

A vaild <u>European Health Insurance Card (EHIC)</u> will insure that you can access state-provided healthcare for free or at a reduced cost.

Passport

You will need a passport that is valid for at least three months after your return date.

Visa

UK passport holders do not require a VISA to visit Finland which part of the Schengen cooperation.

The <u>Ministry for Foreign Affairs of Finland</u> lists the accepted travel documents and visa requirements for every country.

Mandatory vaccines

There are no specific health risks

Weather

Winter in Finland is cold and dry, **temperatures** in Hossa can drop as low as -25°C (-13°F) but warm clothing, good food and an active lifestyle will keep you warm.

A thick layer of **snow** covers Finland from December, when it settles, to the end of April, when it melts. The dry cold preserves the snow and makes temperatures feel warmer than you might imagine.

During the winter months daytime is relatively short in Finland but thanks to the snow and the occassional displays of the dancing Northern Lights it is never completely black even in the regions where the sun does not rise at all - winter brings a beautiful blue **light** with a feeling of permanent dusk. In mid-April, the sun stays above the horizon for 14-16 hours so during March and April you can enjoy long glorious days of winter sports under a bright sun. Other winter days include 4 to 5 hours of a light called gray light, usually 10am to 2pm, with local variations.

The Northern Lights

The beautiful dancing lights are most likely to appear on black nights in February-March and September-October in the North of Finland. Statistics show that most are observed in Lapland, in the region of Kilpisjärvi. When the night skies are clear, the Northern Lights can be observed three nights out of four in Kilpisjärvi, every other night in the Sodankylä region and one out of four nights near Oulu-Kuusamo.

Electricity

Finland uses the standard Europlug socket with two round prongs (50Hz/230 volts)

Local time

Finland uses Greenwich Mean Time (GMT)+2 and observes Daylight Saving Time making it GMT+3 during the summer months

Topography

Area:+130502 square miles (+338,000 km2) which consists of around 10% water, 69% forest and only 8% cultivated land

Size: It is the seventh largest country in Europe,+720 miles (1160km) North to South and +335 miles (540km) East to West

Borders: Sweden, Norway, Russia and the coast

There are said to be 187888 lakes here in Finland and 179584 islands including a concentration of islands off the South West coast which forms the largest archipelago in Europe.

Sustainable tourism

As adventure and wilderness travel experts who run trips to some of the most remote parts of the world, we take responsible tourism very seriously.

Here in Finland we work in partnership with Metsähallitus to protect Finnish waters and forests - an exclusive agreement which enables us to use the roads of Hossa National Park. Our kennel is cleaned daily and subject to regular veterinary and we work with MyClimate to offset all carbon emissions produced by snowmobiling activities and transfers.

We respect the 'Leave No Trace' outdoor ethical code and try to explore this beautiful location whilst causing minimal environmental damage.

The Leave No Trace policy can be summarized in 7 simple steps which we hope you will follow during ourtrip...

- 1. Be prepared
- 2. Stick to trails and camp overnight right
- 3. Stash your trash and pick up waste
- 4. Leave it as you find it
- 5. Be careful with fire
- 6. Respect wildlife
- 7. Be considerate of other visitors

Over the years we have built up good relations with our local suppliers and we are keen to support local businesses as much as possible. We are a small company and we pay our local partners and suppliers directly insuring fair rates. Our small group sizes not only provide a more intimate adventure but also cause less impact on the environment and local communities.

We expect all who travel with us to support and uphold our Sustainable Tourism philosophies.