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FISHING IN LAPLAND

The freedom of this trip is sure to delight. We will provide you with a fishing license and use of a fishing boat for the duration of your stay plus comfortable accommodation with access to Lake Hossanjoki and a traditional sauna. Discover the vast network of lakes (over 130) which make up this paradise and create one of the richest fishing locations in the world... catch grayling, trout, char, witefish, pike and perch... Cook your fish over a open fires and discover the beauty of the National Park in this truly relaxing getaway.

Region	Hossa
Activity	Self-guided
	Summer
O Duration	8 days
⊞ Code	INDPE01
Price	From €700
Level	1/5
Comfort	4/5

ITINERARY

♥ Day 1 Welcome to Finland



Transfer by bus or car to Hossa (about 1 hour) and time to get settled in your cottage or lodge.

Accommodation: Hotel or Cottage

♥ Day 2 Free Fishing in Hossa Park



Use spoon lures and fly fishing... try different techniques for catching big predators such as pike, zander and perch. Large numbers of these fish swim in the fertile waters of this wild and unspoiled teritory.

Accommodation: Hotel or Cottage

• Day 3 Free Fishing in Hossa Park



From Hossanjärvi lake, take your boat out and explore the National Park... peaceful meadows, lakes and rivers are waiting for you...

Accommodation: Hotel or Cottage

◆ Day 4 Free Fishing in Hossa Park



The vast and varied fish population of this park is managed well - it is common to catch 5kg pikes here! By boat or on foot, explore the park in search of remote private fishing areas in these peaceful forests with their brown bears and elk.

Accommodation: Hotel or Cottage

◆ Day 5 Free Fishing in Hossa Park



A spot of shade fishing could be the key to catching that prize trout. The silent darkness that comes with the short nights here may provide favourable trout stalking conditions...

Accommodation: Hotel or Cottage

♥ Day 6 Free Fishing in Hossa Park



You will find that your daily catches make delightful evening meals... cook your fish over an open fire in an authentic and friendly atmosphere. The woods here are perfect for foraging, you are sure to find lots of delicious berries for desserts each day.

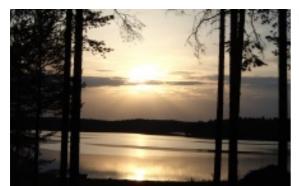
Accommodation: Hotel or Cottage

♥ Day 7 Free Fishing in Hossa Park



Why not try one of the many activities we offer at our basecamp? We are spoilt for choice here... you can go canoeing on the lakes, hiking up the ridges, enjoy mountain biking in the boreal or the visit of our kennels and our 160 adorable sled dogs!

Accommodation: Hotel or Cottage



Breakfast and transfer to Kuusamo airport.

This itinerary, including walking distances and times, is indicative and fully flexible.

Other trips you may like



<u>Between Lakes and Taiga:</u> Immerse yourself in a land of taiga and lakes, a quiet wilderness where new hikes await you each day and welcoming fire pits greet you each evening. This non-guided adventure is for nature lovers who want to experience total autonomy in a breathtaking world of Finnish flora and fauna...

dog-sledding downhill in Greenland

<u>The Ultimate Greenlandic Winter Trip:</u> The Greenlandic winter adventure of a lifetime. Live like local fishermen, learn traditional trapper skills and dog-sledding techniques.

Discover the joyous freedom which accompanies this back to basics lifestyle and experience wilderness immersion in an environment like no other...

PERIOD & BUDGET

When to travel?

The best period for travelling is during the following months:

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Price

Two people: from €700

The budget is an indication of the price per person, subject to availability. Your local agent will send you a customized quote with the exact price. The price can vary according to availability, level of services, period of travel, number of participants, booking time frame and other items.

Included

- Transfers from/to Kuusamo airport
- 6 nights hotel/cottage accommodation
- Full board (from dinner on day 1 to breakfast on day 7)
- Luggage transport
- Fishing licence
- Use of a fishing boat

Not included

- Flights
- Fishing Equipment

Additional Options

Please let us know if you would like to reserve any of the following options:

- Single room accommodation: from €190
- Reindeer farm visit: from €10 (+meal: €40)
- Guidance/technical advise from a local fishing expert: prices vary
- Rental of a motor boat: prices vary
- Moutain biking: prices vary
- Kennel visits: prices vary
- · Canoeing: prices vary

Please contact us for more information.

Notes

Comfort: 4/5 Comfortable

Well-equipped accommodation options like basic hotels or charming guesthouses are rated 4/5 for comfort. Please note that depending on the destination this does not necessarily guarantee private bathroom and kitchen facilities. This trip uses hotel or cottage accommodation with lake and sauna access.

Level: 1/5 Easy

Normally our 'easy' trips involve less than 6 hours of activity per day, no previous experience in the activity/activities is required and time to relax and unwind is included - accessible to all people in fair health with a sense of adventure and a positive attitude. This is your adventure, you can choose how strenuous or how relaxing each day is.

International flights

Flights are not included, please contact us if you require transfers to/from destinations other than Kuusamo airport

Terms and conditions

Booking conditions

Booking a trip with Norwide implies acceptance of the terms and conditions of sale. Each customer is required to complete a registration form and, subject to availability at the time of registration, travellers are expected to pay a deposit of 35% of the total price to complete their booking. Payments can be made online or by bank transfer. You will receive an e-mail with your booking confirmation.

Invoice procedure

Once your booking is confirmed you will receive an invoice by e-mail. The full balance of the trip must be received at least 35 days before your departure date. Norwide reserve the right to cancel your booking, free of charge, if this deadline is not respected.

Cancellation policy

If for any reason you have to cancel your trip, Norwide require written confirmation of your decision. The money you have paid will then be refunded according to the following deductions:

- Cancellation received more than 30 days prior to the departure date: a sum of €50 per person will be retained
- Cancellation received 30 to 21 days before the departure date: your deposit, 30% of the total trip price will be retained
- Cancellation received 20 to 14 days before the departure date: 50% of the total trip price will be retained
- Cancellation received 13 to 7 days before the departure date: 75% of the total trip price will be retained
- Cancellation received less than 7 days before the departure date: 100% of the total trip price will be retained

Special cases:

Please note that, regardless of the date of cancellation or modification if you have agreed to pay for services such as hotel reservations, flights or additional activities, these services are usually non-refundable so additional fees may apply.

- Fixed airfares: if your airline ticket was issued in advance, often done to avoid significant surcharges, you will be charged 100% of any non-refundable fees if you wish to change or cancel your flight plan.
- Fixed in-country costs: early charges for firm bookings will be charged if you cancel or modify your trip.
- Insurance costs: if you have taken out comprehensive or cancellation insurance, the cost of insurance is due and cannot be refunded.

Please note that fees apply according to the date we receive your cancellation or modification request in writing.

If we have to cancel a departure due to an insufficient number of participants, you will be informed no later than 21 days before departure and a full refund will be issued, you will not be entitled to further compensation. We reserve the rights to cancel departures due to exceptional circumstances which may impact the safety of participants. Such circumstances include those amounting to 'force majeure' in which case participants will receive a full refund but they will not be entitled to any compensation.

Changes to travel contract

If you wish to make a change to your booking please contact us in writing; you will be expected to pay any fee which might arise from this change. In the event of unforeseen external events, Norwide may change some aspects of the travel contract. If any changes are necessary you will be informed as quickly as possible.

Pricing

The prices on our website are updated regularly and all of the prices we advertise are accurate when published. We reserve the rights to make changes to any of these prices. Before you make a booking we will give you the up-to-date price of your chosen holiday including any supplements, upgrades or additional activities you may have requested. If the number of travellers is fewer than the indicated number of participants on the website, a small group surcharge may be applied. For all of our trips we include details of services, prices and what is/is not included but please be aware that changes to the prices may be necessary in accordance with exchange rates or price changes of various components of the journey.

Contract transfer

If you are unable to travel for any reason, you can transfer your booking to another person in which case our modification conditions apply. Both the transferor and transferee will be jointly and severally liable for payment of the total holiday price and other associated expenses. Some airline carriers treat name changes as cancellations and you may be required to pay for the cost of a new ticket.

Insurance

confirmed. We advice you to purchase a travel insurance policy which covers flight cancellations, luggage loss and emergency health care. Please look carefully at which activities are covered by your insurer and do not forget to bring all necessary documents and information with you (name of the company, name of the contract, insurance policy number, telephone number...)

PRACTICAL INFO

Staff

Armed with an abundance of experience and a wealth of knowledge our professional team know Finland inside out. We are here to ensure you have the best possible trip so ask us anything, we love sharing our local knowledge!

Food

This trip includes full board from dinner on day 1 to breakfast on day 8. You will have the chance to try some traditional Finnish meals like smoked fish, salmon soup, reindeer stew and traditional cakes - please be aware that fresh fruit and vegetables are rare in our isolated northern location.

- Generous buffet style breakfasts and dinners are provided at your accommodation
- Lunches: Picnic lunches are provided on our activity days including hot food cooked on wood fires

Please let us know about any dietary requirements when you book the trip and we will work with you to cater for your needs.

Accommodation

Our basecamp is located in the heart of Hossa National Park, more than 60 miles (+100kms) away from a village or shop - no mass tourism hubs or Santa Claus Village here with us! There are 23 inhabitants in and around Hossa, most of them are reindeer farmers and yes, there are more bears here than people! We live here peacefully and we work closely with authorities to protect and preserve this stunning National Park. During your stay, you will not have many opportunities to meet local people since there are very few of them but you may cross paths with ice fishers or Nordic skiers and visit local reindeer farms.

This trip uses our hotel or cottage accommodation. Bed linens and towels are provided by Norwide.

Our hotel: found beside a beautiful lake and our hotel has 25 rooms (single, double and triple). All rooms are equipped with a private bathroom, shower, practical storage units, and a T.V with international channels. You will also have free access to our sauna, after a full day of activities it is the perfect place to unwind and reflect...

Our cottages:

- The Classic Cottage option has a living room/kitchen area with twin or bunk beds plus a private bathroom and sauna access
- The Premium Cottage has a separate bedroom with a double bed, a living room, kitchen, a private bathroom and sauna access

Transportation

This trip includes transfers by minibus / 4x4s

Budget & exchange

The currency in Finland is the euro. Please budget for the following:

- Personal expenses and drinks
- Any additional activities/supplements

Supplied equipment

- Fishing liscence
- · Fishing boat to use
- Towels and bedding

Vital equipment

You must bring with you:

- Fishing equipment
- Sunglasses (minimum UV 400)
- Sun cream
- Any personal medication

- Appropriate clothing
- A suitable water bottle/flask (min 1L)

Your fishing gear:

- · Boots and waders
- Rods and reels to suit your fishing techniques
- Fly fishing equipment
- Lines and hooks (plus spares)
- Bobbers and sinkers
- A selection of lures including small spinners and spoons for catching Graylings and active Trout
- Pliers / degorger scissors

Reccommendations:

- Conventional tackle for Pike and Tout: Heavy rods and reels spooled with 30-80# braided line
- Fly fishing for grayling: dry flies (sizes 10 14) and wet flies (sizes 6 14)

Helpful equipment

We recommend packing:

- A wind and waterproof jacket with a hood
- Wool socks
- A warm jacket
- Warm fleece/jumper
- Suitable underwear and thermals
- A swimsuit
- Insect repellent / mosquito net
- Suitable t-shirts, trousers & shorts
- A hat or cap
- A towel for the sauna
- A pair of gloves
- Slippers or comfortable shoes for in the cottage/hostel
- A head torch and spare batteries

You may also consider packing:

- Wetwipes
- Blister plasters
- A camera (and suitable protective case)
- Plastic bags for wet/dirty clothing
- A knife
- Toilet paper + lighter
- A Notepad and pencil

Luggage

You may bring a hold bag (up to 20kg) as well as a cabin bag.

For you hold luggage please bring a soft bag like a ruckack rather than a hard cased suitcase because it is more practical. We also recommend that you pack your clothes in plastic bags inside your rucksack so that they stay dry in the event of bad weather.

Do not forget to bring a small rucksack to use as a day bag (25/30L). You can bring this as hand luggage on the plane. You will carry your lunch, water, spare layers and any personal medication with you each day in this bag.

Medicine

Your guide is trained first aider and will carry a full appropriate first aid kit. We recommend that you bring with you a small first aid kit as well as any medication you may need with you such as inhalers, plasters and painkillers.

A vaild <u>European Health Insurance Card (EHIC)</u> will insure that you can access state-provided healthcare for free or at a reduced cost.

Passport

You will need a passport that is valid for at least three months after your return date.

Visa

UK passport holders do not require a VISA to visit Finland which part of the Schengen cooperation.

The Ministry for Foreign Affairs of Finland lists the accepted travel documents and visa requirements for every country.

Mandatory vaccines

There are no specific health risks

Weather

Between early June and early August, temperatures reach $+20^{\circ}$ C ($+68^{\circ}$ F) in the day and sometimes even $+30^{\circ}$ C ($+86^{\circ}$ F) (37° C (98.6° F) in Joensuu in July 2010!).

The summer is relatively warm but also very bright - Finland enjoys long sunny days. In the far north, the sun does not set from mid-May to the end of July. In the center and the south, the summer sun shines for 18 to 20 hours.

The temperature of the lake water is between 18 - 24°C, the waters are shallow and warm up quickly with the long sunny days and the good Finnish summer temperatures. The midnight sun is visible in summer in Lapland and in the regions above the Arctic Circle.

Electricity

Finland uses the standard Europlug socket with two round prongs (50Hz/230 volts)

Local time

Finland uses Greenwich Mean Time (GMT)+2 and observes Daylight Saving Time making it GMT+3 during the summer months

Topography

Lapland is the largest and northernmost region of Finland:

Area:+130502 square miles (+338,000 km2) which consists of around 10% water, 69% forest and only 8% cultivated land Size: It is the seventh largest country in Europe,+720 miles (1160km) North to South and +335 miles (540km) East to West Borders: Sweden, Norway, Russia and the coast

There are said to be 187888 lakes here in Finland and 179584 islands including a concentration of islands off the South West coast which forms the largest archipelago in Europe.

Sustainable tourism

As adventure and wilderness travel experts who run trips to some of the most remote parts of the world, we take responsible tourism very seriously.

Here in Finland we work in partnership with Metsähallitus to protect Finnish waters and forests - an exclusive agreement which enables us to use the roads of Hossa National Park. Our kennel is cleaned daily and subject to regular veterinary and we work with MyClimate to offset all carbon emissions produced by snowmobiling activities and transfers.

We respect the 'Leave No Trace' outdoor ethical code and try to explore this beautiful location whilst causing minimal environmental damage.

The Leave No Trace policy can be summarized in 7 simple steps which we hope you will follow during ourtrip...

1. Be prepared

- 2. Stick to trails and camp overnight right
- 3. Stash your trash and pick up waste
- 4. Leave it as you find it
- 5. Be careful with fire
- 6. Respect wildlife
- 7. Be considerate of other visitors

Over the years we have built up good relations with our local suppliers and we are keen to support local businesses as much as possible. We are a small company and we pay our local partners and suppliers directly insuring fair rates. Our small group sizes not only provide a more intimate adventure but also cause less impact on the environment and local communities.

We expect all who travel with us to support and uphold our Sustainable Tourism philosophies.